



# Monthly Newsletter

**Vision:** All third agers living meaningful and happy lives.

**Mission:** Provide learning and enrichment activities and programmes for third agers.

**Learning Communities:** Members meet at monthly learning sessions on a specific subject

Issue 32

WHERE TEACHERS ALSO LEARN & LEARNERS ALSO TEACH

Aug 2017

## RELAUNCH OF SACE WEBSITE

SACE has recently relaunched its website, looking fresher and more interactive with several added features, accessible via Smartphone and Tablet. Main features:

- It provides you with an update on NSA courses running for rest of the year.
- You can now register for membership on-line, and make payment on-line.
- Extensive knowledge resources.
- Missed reading our newsletters? All our newsletters are now archived, starting this year.
- Updates on news and events.
- Website to U3A Singapore is only one click away from the main page.

To know more, visit us at <http://www.sace.org.sg/>

## BizHub News

Following our launch of BizHub in April this year, we currently have 13 registered SACE members providing a wide range of products and services to fellow members. Any contact or transactions are the exclusive responsibility of the two parties involved and to the complete exclusion of BizHub. Those who are interested please contact them direct. For members who would like to market their products and services, we welcome them to register with us at: [BizHub@sace.org.sg](mailto:BizHub@sace.org.sg). **DISCLAIMER:** BizHub does not endorse or support any products/services listed and indemnifies itself from any disputes whatsoever arising from any such products or services.

Business offering	Service provider	Mobile No	Email address / Website URL
Cooking - Onsite Coaching of helpers	Alicia Tong	90173373	<a href="mailto:2aliciatongdrive@gmail.com">2aliciatongdrive@gmail.com</a>
Commercial Video Productions	To Chee Kan	96391840	<a href="mailto:exantube@yahoo.com">exantube@yahoo.com</a>
Corporate Secretarial & Accounting Services	Boey Yoke Ching	92724882	<a href="mailto:ycboey@gmail.com">ycboey@gmail.com</a>
Grief Education - Grief Recovery Method Programme	Tang Chow Kheng	81881947	<a href="mailto:chowkheng@gmail.com">chowkheng@gmail.com</a> <a href="http://www.facebook.com/whisperinghopesg/">www.facebook.com/whisperinghopesg/</a>
Counselling - Restore & Empower	Heng Cher Hoon	97765249	<a href="mailto:cherhoon.heng@reemconsultancy.com.sg">cherhoon.heng@reemconsultancy.com.sg</a>
Exercise - ChiFlow programs	Raymond Chong	90216006	<a href="mailto:ChongRaymond@outlook.sg">ChongRaymond@outlook.sg</a>
Exercise - Tennis for beginners	Lee Ah Kow	81185886	<a href="mailto:leeak_sg@yahoo.com.sg">leeak_sg@yahoo.com.sg</a>
Fun & Magic workshops	Henry Tio Kheh Beng	93269012	<a href="mailto:khehbeng@gmail.com">khehbeng@gmail.com</a>
Music learning - piano/keyboard lessons	Debbie Lee Lai Yee	98512510	<a href="mailto:debbiely2006@gmail.com">debbiely2006@gmail.com</a>
Stained Glass Art Projects	Elenora Koh Bee Liang	96431430	<a href="mailto:beeliang@artglass.com.sg">beeliang@artglass.com.sg</a>
Translation services (English-Chinese & vice versa)	Elaine Tan	96353030	<a href="mailto:aumreal@yahoo.com">aumreal@yahoo.com</a>
Travel-related services	Doreen Chan	90070660	<a href="mailto:doreen@kindlytravel.com.sg">doreen@kindlytravel.com.sg</a> Website/URL: <a href="http://www.kindlytravel.com.sg">www.kindlytravel.com.sg</a>
Tuition @home for Chemistry and Science	Koh Seok Hua	97722570	<a href="mailto:seokwong@yahoo.com">seokwong@yahoo.com</a>



**Visit our booth at Bedok Mall**  
**\$50 membership registration fee waived!**

### COURSE PREVIEW

- Personal Analytics for Self-Development
- Emotional & Psychological Realities of Ageing
- Video Stories & Photo Stories
- Etc...etc..

**Details in Weekly Activities Schedule**



**HEALTH  
MONEY  
MIND  
ART**  
Video talks & activities

Every Wed & Thu at Peninsula Activity Centre

## Holistic HealthTalk - Liver Transplant



An informative talk on Liver Transplants given by Dr Gong Ing Sa a highly in-demand General Surgeon from Gleneagles Hospital. Dr Gong frequently assists specialist surgeons in performing liver transplants including 'living donor' operations. With such a long and extensive experience, this promises to be a fascinating informative talk and Q&A.

(Sat 19th Aug)  
Facilitator: Dennis Carroll

## August Film & Discussion Life is Beautiful

A gentle Jewish-Italian waiter, Guido Orefice (Roberto Benigni), meets Dora (Nicoletta Braschi), a pretty schoolteacher, and wins her over with his charm and humor. Eventually they marry and have a son, Giosue (Giorgio Cantarini). Their happiness is abruptly halted, however, when



Guido and Giosue are separated from Dora and taken to a concentration camp. Determined to shelter his son from the horrors of his surroundings, Guido convinces Giosue that their time in the camp is merely a game. The film is in Italian with English subtitles.

(Thu 17 Aug)  
Facilitator: Quek Joo Hock

## Korean Dinner Foodie Learning Community

Togi Korean Restaurant at Chinatown, 11 Mosque Street is one of the early established Korean Restaurant owned and run by Korean owner. Located in the heritage shop



houses on Mosque street, this restaurant has been serving authentic Korean food since 2008. Join our 'Foodie Learning Community for this outing on Saturday at 6.30pm

immediately following the Rummikub Game Session 2 and Course Preview at Chinatown Point

(Sat 26<sup>th</sup> Aug)  
Facilitator: Henry Lim

## Parliament House Guided Tour



Take a walk with us through the corridors of history and find out the origins of our Parliament. Learn about Singapore's parliamentary system, the roles and functions of Parliament, "who's who" in the House, how laws are made and much more. Register early with secretariat as there is a maximum of 40 pax allowed.

(Mon 28 Aug)  
Facilitator: Dennis Carroll

**Check out our  
Weekly Activities Schedule**

## U3A SINGAPORE AUGUST 2017 ACTIVITIES

DATE	EVENT	VENUE	TIME	FEE members/guests
Sat 5th	Rummikub Game Session 1	Chinatown Point	2pm-5pm	Free/\$5
Every Tue	Rummikub Game Sessions	Peninsular Plaza	9.30am-12:30pm	Free
Every Wed & Thu	HEALTH, MONEY, MIND & ART (See Weekly Activities Schedule)	Peninsular Plaza	2:30pm-4:30pm	Free
Mon 14th	Stone Art Decoupage	Peninsular Plaza	3pm-5pm	Free (material only)
17th-22nd	NSA Roadshow @ East	Bedok Mall	11am-9pm	Free
Thu 17th	Film & Discussion - Life is Beautiful	Peninsular Plaza	6.45pm-9pm	Members only
Fri 18th	Video Alumni Meet – Film Grammar	Peninsular Plaza	10am-1pm	Alumni members
Sat 19th	Holistic Talk - Liver Transplant	Chinatown Point	11am-1pm	Free/\$5
Thu 24th	Photograph Alumni Meet - Gardens by the Bay	Meet by ticket counter	4pm-7pm	Alumni members
Sat 26th	Rummikub Game Session 2	Chinatown Point	2pm-5pm	Free/\$5
Sat 26th	Foodie Rendezvous – Korean Dinner	Togi Restaurant	6.30pm	Self-Pay
Sun 27th	Karaoke/Singalong Session	Peninsular Plaza	3pm-6pm	Free
Mon 28th	Visit to Parliament House (registration required)	Meet at security entrance	11am-noon	Free