January 2018



Monthly Newsletter

Vision: All third agers living meaningful and happy lives.

Mission: Provide learning and enrichment activities and programmes for third agers.

Learning Communities: Members meet at monthly learning sessions on a specific subject



SACE U3A Singapore Annual Dinner & Dance 2017 was held at the Hotel Royal on 29th December 2017. The event showcased the top three winners of the Senior Got Talent Singapore competition, there were also some very interesting table games, one was on testing your knowledge about SACE, and the other tested your memories and knowledge on the landmarks of Singapore of the bygone era. Our President, Mr Goh Kim Seng highlighted how much attendance had increased from the previous Dinner & Dance's not least because of the significant increase in membership over the years. President Kim Seng also launched a 3-mth membership drive with COME, a Certificate Of Membership Entitlement which 'empowers our members' to waive the \$50 entrance fee for the prospective members they recommend He added that SACE would continue to innovate and improve on its courses and activities to meet future demographics.

Senior Got Talent Singapore competition 2017. 18 competitors were selected to audition on 16th December 2017. 11 finalists, of which 10 were solo singers and one skit performing group of 9, were selected for the final competition held in the morning of 29th December prior to the Dinner & Dance that same evening. Mr Chen Jen Tock emerged the winner with his rendition of 'She has to go' in his deep magnetic voice. 2nd winner went to Mr Alvin Choo who sang 'You Raise Me Up' in his wide vocal range. 3rd winner was the Performing Group 'Seniors Boleh' who put on a skit about a group of performers who are 'willing, have the time, but may not have the 'talent'. They went on stage after attending a SACE Acting course. It was hilarious! The relevance of cultivating talent for the seniors caught the attention of the press and the event was featured in the Straits Times the next day. Kudos to the organising committee who managed the event at a very short notice.



Winner: Chen Jen Tock

1st Runner up: Alvin Choo

2nd Runner up: Seniors Boleh

Regular Activities

For details please refer to our weekly activities schedule

RAMBLE - LABRADOR PARK



Located in the southern part of mainland Singapore, it is home to the only rocky sea-cliff on the mainland that is accessible to the public. Since 2002, 10 hectares of coastal secondary-type vegetation and its rocky shore have been gazetted as a nature reserve and its flora and fauna preserved by NParks.

When: Sunday 21 Jan 4 pm Meet at: Labrador Park MRT Facilitator: Julie Lim

DECOUPAGE



Date: Monday 22 Jan Time: 2.30pm to 4.30pm Place: Peninsula Plaza Facilitor: **Serene Low**

WEEKLY VIDEOS/TALKS THAT MATTER:

Health Matters Wed morning Money Matters Wed aft'noon Mind Matters Thurs morning Lifestyle Matters Thurs aft'noon

Film & Discussion **PAN'S LABYRINTH**



In 1944 Spain young Ofelia (Ivana Baquero) and her ailing mother (Ariadna Gil) arrive at the post of her mother's new husband (Sergi López), a sadistic army officer who is trying to quell a guerrilla uprising. While exploring an ancient maze, Ofelia encounters the faun Pan, who tells her that she is a legendary lost princess and must complete three dangerous tasks in order to claim immortality. This film won 3 Oscars and 3 Baftas in 2007 including best foreign film. Direction and Screenplay by Guillermo del Toro. In Spanish with subtitles. Duration 2hrs.

Tuesday 16th January 2:30pm

Peninsular Plaza

Facilitator: QUEK Joo Hock

Foodie Rendezvous



To introduce something different again: Garoupa pickled noodle, pork chop veg noodle, beef noodle and many other side dishes. Those who wish to have light meals and somethings not common and tasty, this is the place

Location: **Bugis Junction, #B1-22**

MRT: **Bugis**

Date / Time: Saturday 20 January 6pm

Registration:

Not later than THREE days before event (Minimum 5 pax)

Facilitator: Henry Lim

Visit: Peranakan Museum



Southeast Asia has been a crossroads for trade since ancient times. Prevailing winds brought traders from distant lands to Southeast Asia. Some of these traders put down roots and married local women. Their descendants are the ancestors of the Peranakans. The Museum showcases the world's finest and most comprehensive collections displayed in 9 galleries. Step into them and immerse yourself in this unique Southeast Asian culture.

(http://peranakanmuseum.org.sg/)

Location: 39 Armenian Street Visit Date: Monday 29 January

Time: 11am

Facilitator: **Dennis Carroll**

U3A SINGAPORE JANUARY 2018 ACTIVITIES

DATE	EVENT	VENUE	TIME	FEE members/guests
Every Tue	Rummikub Game Sessions	Peninsular Plaza	9.30am-12:30pm	Free
Every Wed & Thu	Health, Money, and Mind video talk and discussion. (see weekly activities schedule)	Peninsular Plaza	2:30pm-4:30pm	Free
Fri 5th	Origami session (birds with flapping wings)	Peninsular Plaza	11am-12:30pm	Free/\$5
Fri 5th	Chess session	Peninsular Plaza	2:30pm- 5pm	Free
Sat 6th	Rummikub Game Monthly Session 1	ChinaTown Point	2pm-5pm	Free/\$5
Tue 9th	Backgammon / Rummikub Game sessions	Peninsular Plaza	2-6pm	Free/\$5
Fri 12th	Video meet - Build up of drama	Peninsular Plaza	10am-1pm	Alumni Members
Fri 12th	Chess session	Peninsular Plaza	2:30pm- 5pm	Free
Tue 16th	Film & Discussion (Pan's Labyrinth)	Peninsular Plaza	2:30pm- 5.30pm	Members only
Thu 18th	Talk on Mind/Body Analytics (followed by Rummikub session after lunch)	Tampines Library	11am-4:30pm	Free
Fri 19th	Photo meet - studio portrait photography	Peninsular Plaza	10am-1pm	Alumni Members
Sat 20th	Rummikub Game Monthly Session 2	ChinaTown Point	2pm-5pm	Free/\$5
Sat 20th	Foodie Rendezvous - LeNu - Chef Wai's Noodle	Bugis Junction	6pm	Self Pay
Sun 21st	Ramble - Labrador Park	Labrador Park MRT	4pm	Free
Mon 22nd	Decoupage class	Peninsular Plaza	2:30pm-4:30pm	Free (material only)
Tue 23rd	Backgammon / Rummikub Game sessions	Peninsular Plaza	2-6pm	Free/\$5
Mon 29th	Visit - Peranakan Museum	39 Armenian Street	11am-noon	Free
Tue 30th	Backgammon / Rummikub Game sessions	Peninsular Plaza	2-6pm	Free/\$5

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