

Monthly Newsletter

Vision: All third agers living meaningful and happy lives.

Mission: Provide learning and enrichment activities and programmes for third agers.

Learning Communities: Members meet at monthly learning sessions on a specific subject

Issue 38

WHERE TEACHERS ALSO LEARN & LEARNERS ALSO TEACH

February 2018



The Board and Management of SACE/U3A Singapore wish all our members and friends a

HAPPY LUNAR NEW YEAR

恭贺新禧

SACE Strategic Planning Retreat at DaNang Vietnam January 2018

After a full year of operating our SACE and U3A Singapore secretariat and activity centre at Peninsula Plaza, the team of volunteers that manned the centre finally had a break. They are a truly dedicated core group of volunteers,



comprising SACE BOD Members and Secretariat Administrators - making it possible for SACE to be a full-volunteer organisation with not a single paid staff.

The centre was closed for a week and the group went on a retreat to DaNang in Vietnam. The retreat fully achieved its twin objectives of team-building and strategic planning. The programme started with a supper meeting on the first day followed by early breakfast meetings, full-day strategic discussions, tours & excursions, and evening get-togethers. "We are happy!" was the unanimous verdict by all as we headed for home.

A new strategic plan has been mapped out and is being finalised. One key component is greater membership engagement through various interest groups. We hope, through this, to identify more dedicated volunteers and group leaders and to team-build and develop them through similar stimulating and enjoyable retreats. Watch out for further announcements.

Film & Discussion

AS GOOD AS IT GETS (2hrs19mins)



Join us on TUESDAY 20th February at 2:30pm at Peninsular Plaza

Melvin Udall (Jack Nicholson) is an obsessive-compulsive writer of romantic fiction who's rude to everyone he meets, including his gay neighbour Simon (Greg Kinnear), but when he has to look after Simon's dog, he begins to soften and, if still not completely over his problems, finds he can conduct a relationship with the only waitress (Helen Hunt) at the local diner who'll serve him.

Oscars: Best Actor and Best Actress 1998.

Regular Activities

For details please refer to our weekly activities schedule

RAMBLE – Singapore Botanic Gardens



The Singapore Botanic Gardens is a 158-year-old tropical garden located at the fringe of Singapore's Orchard Road shopping district. It is one of three gardens, and the only tropical garden, to be honoured as a UNESCO World Heritage Site.

Meeting Point: Botanic Gardens MRT. Circle Line, Control Station.

Facilitator: Julie Lim

DECOUPAGE



Date: Monday 12 Feb Time: 3pm to 5pm Place: Peninsula Plaza Facilitator: **Serene Low**

WEEKLY VIDEOS/TALKS THAT

Health Matters Wed morning Money Matters Wed aft'noon Mind Matters Thurs morning Lifestyle Matters Thurs

Facilitator: Quek Joo Hock



The planned visit to Peranakan Museum for last month was over-booked and had to be cancelled. The trip

has been rescheduled to March, with details announced in next month's Newsletter.

BIZHUB NEWS

Do contact our BizHub subscribers if you are interested in their products/services as listed below:

Service offering	Service provider	Mobile No	Email address	
ChiFlow self-healing programs	Raymond Chong	90216006	ChongRaymond@outlook.sg	
Cooking - Onsite Coaching of helpers	Alicia Tong	90173373	2aliciatongdrive@gmail.com	
Commercial Video Productions	To Chee Kan	96391840	exantube@yahoo.com	
Corporate Secretarial & Accounting Services	Boey Yoke Ching	92724882	<u>ycboey@gmail.com</u>	
Counselling - Restore & Empower	Heng Cher Hoon	97765249	<pre>cherhoon.heng@reemconsultancy.com.sg; www.facebook.com/whisperinghopeSG/</pre>	
Grief Recovery Programme	Tang Chow Kheng	81881947	chowkheng@gmail.com	
Exercise - Tennis for beginners	Lee Ah Kow	81185886	leeak sg@yahoo.com.sg	
Fun & Magic workshops	Henry Tio Kheh Beng	93269012	khehbeng@gmail.com	
Music learning - piano/keyboard lessons	<u>Debbie Lee Lai Yee</u>	98512510	debbiely2006@gmail.com	
Stained Glass Art Projects	Elenora Koh Bee Liang	96431430	beeliang@artglass.com.sg	
Translation services between English-Chinese	Elaine Tan	96353030	aumreal@yahoo.com	
Travel-related services	Doreen Chan	90070660	doreen@kindlytravel.com.sg;	
			www.kindlytravel.com.sg	
Tuition @home for Chemistry and Science	Koh Seok Hua	97722570	seokwong@yahoo.com	

For members who would like to market their products and services, we welcome them to register with us at: BizHub@sace.org.sg .

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U3A SINGAPORE FEBRUARY 2018 ACTIVITIES

DATE	EVENT	VENUE	TIME	FEE members/guests
Every Tue	Rummikub Game Sessions	Peninsula Plaza	9.30am-12:30pm	Free
Every Wed & Thu	Health, Money, and Mind video talk and discussion. (see weekly activities schedule)	Peninsula Plaza	11am – 12.30pm 2:30pm-4:30pm	Free
Fri 2nd	Chess session	Peninsula Plaza	2:30pm - 5pm	Free
Sat 3rd	Rummikub Game Monthly Session 1	ChinaTown Point	2pm-5pm	Free/\$5
Tue 6th	Backgammon / Rummikub Game sessions	Peninsular Plaza	2-6pm	Free/\$5
Thu 8th	Photo Outing (CNY Flora Shoot) Meet at ticketing counter	Gardens by the Bay	4pm	Alumni Members
Fri 9th	Video meet - Attention to Detail	Peninsula Plaza	10am-1pm	Alumni Members
Fri 9th	Chess session	Peninsula Plaza	2:30pm-5pm	Free
Mon 12th	Decoupage class	Peninsula Plaza	3-5pm	Free (material only)
Tue 13th	Backgammon / Rummikub Game sessions	Peninsula Plaza	2-6pm	Free/\$5
15th-19th	Office closed for CNY	Peninsula Plaza	-	-
Tue 20th	Film & Discussion (As Good As It Gets)	Peninsula Plaza	2:30pm- 6pm	Members only
Sun 25th	Ramble - Botanic Gardens (meet at MRT Station)	Botanic Gardens	4pm	Free
Tue 27th	Backgammon / Rummikub Game sessions	Peninsula Plaza	2-6pm	Free/\$5

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