

# <u>Newsletter</u>

Vision: All Third Agers living meaningful and happy lives

**Mission:** Provide learning and enrichment activities and programs for third agers.

**Learning Communities:** A place where members gather to connect and to learn together

Issue 68

WHERE TEACHERS ALSO LEARN & LEARNERS ALSO TEACH

Nov 2020

# Jalan Jalan Jurassic Mile





#### Date: 16 November Monday

#### PROGRAM

Meet at Chang airport **Terminal 3 basement Kopitiam** for tea at **4.30pm**. Start walking at 5.15pm along the Changi Airport Connector with a line up of 22 dinosaurs. Safety netting had been installed along the walking path after the golf ball incident at TMCC. Return to T3 around 6.30pm. Those who wish for more can proceed to the **Jewel** for dinner and to view the world's tallest indoor waterfall at 40 metres high. Facilitators: Irene Wee and Gea Ban Peng *SACE directors*.

Please register with Gea Ban Peng @ 9674 5780 via Whatsapp.



Braving the drizzle in our October visit to Wan Qing midautumn festival in front of Sun Yat San Nanyang Memorial Hall.

## **Bucky Chat**

#### Tuesdays with Morrie



When Mitch watches a television interview with his former university professor, Morrie Schwartz, he is moved to reconnect with his old mentor who is struggling with Lou Gehrig's disease. As Mitch and Morrie get reacquainted, they engaged in thoughtful conversations about a variety of significant topics including

love, happiness and death.

Watch the movie on YouTube / Netflix and discuss in Bucky Chat

| Clidt.       |                     |
|--------------|---------------------|
| Date:        | 10 November Tuesday |
| Time:        | 4pm to 5pm          |
| Zoom ID:     | 917 8401 0794       |
| Passcode:    | 096927              |
| Facilitator: | Quek Joo Hock       |
|              |                     |

'Trust, Initiative and Autonomy are essential elements in the young child's life/environment, in allowing their innate faculties to "switch" on, when it is ready, instead of quashing them. The lack of these elements would likely result in school drop-outs.' – our discussion in October Bucky Chat.

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### Happy Hour via Zoom

#### LEARN ABOUT

Advance Medical Directive, Lasting Power of Attorney, Write your Will, Interstate Succession, related issues.

Date: 20 Nov Friday Time: 2.30 pm Facilitator: Gea Ban Peng, SACE director

Free registration with facilitator Gea Ban Peng via whatsapp @96745780.

#### Ramble





Blending nature with history, this calm and serene park gives visitors a glimpse of Singapore's naval heritage. Walk along the restored old pathways used during the British occupation or visit the Beaulieu House, the Sembawang jetty and the remains of the 1920s Seletar Pier.

| Next visit:  |
|--------------|
| Date:        |
| Time         |
| Meet at:     |
| Facilitator: |

Sembawang Park 15 November Sunday 4pm Sembawang MRT Julie Lim



Rambled in East Coast Park on 18 October.

Happiness is not about getting all you want, it is about enjoying all you have.



Free Style Floral Arrangement



The Art of Documentary Film and Video Production - class practice on conducting interview



#### Second Career Planning

"In a time of uncertainty, as in this present covid19 environment, your primary career may not be secured or sufficient, given the changes & transitions of your present life trajectory.

You can secure your future by planning a second or secondary career. This can be designed in a creative & innovative manner with specifications & measurements of your own choosing.

You can test your secondary career plan through a risk-free & relatively cost-free process whilst at the same time fulfilling whatever dream job that you may have from deep within your heart. At the least, you can shape the story of your life in the direction of utilizing your strengths & overcoming your weaknesses in the work you feel called to do to make a difference to the world."- *President Adrian Teo* 

Date: Every Wednesday starting 4 Nov over 4 sessions Time: 9.30 am to 1pm Registration: https://www.sace.org.sg/course/second-career-planning-3/