

**Vision:** All Third Agers living meaningful and happy lives

**Mission:** Provide learning and enrichment activities and programs for third agers.

**Learning Communities:** A place where members gather to connect and to learn together

Issue 69

WHERE TEACHERS ALSO LEARN & LEARNERS ALSO TEACH

Dec 2020

## Jalan Jalan

### Orchard Road Light-Up



#### PROGRAM

Date / Time: **10 December Thursday 6pm**

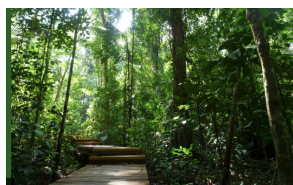
Meet at: **Food Opera @ ION Orchard, #B4-03/04**

Facilitators: Irene Wee and Gea Ban Peng *SACE directors.*

Registration: Gea Ban Peng @ 9674 5780 via Whatsapp.

After dinner, proceed to Jalan Jalan along our premier shopping boulevard, with Xmas light up stretching from Tanglin Mall to Plaza Singapura.

## Ramble



### Lower Pierce Reservoir Park

Date: **20 December Sunday**

Time: **4 pm**

Meet at: **Ang Mo Kio MRT**

Facilitator: **Julie Lim**

**Walk together, bond together.**

*Bottom Left:* Jalan Jalan at **Jurassic mile** on 16 November.

*Bottom Right:* Ramble walk at **Sembawang Park** on 15 November, in front of Beaulieu House, a colonial building left by the British army, now a colonial heritage.



## Bucky Chat

### Movie: *The Way*



Dr Thomas Avery (Martin Sheen) goes to France following the death of his son, killed in a storm while walking the **Camino de Santiago** (the Way of St James), a Christian pilgrimage route to the Cathedral in **Galicia, Spain**. In a combination of grief and homage to his son, Tom

decides to walk the ancient spiritual trail where his son died. While walking the *Camino*, Tom meets others from around the world, all looking for greater meaning in their lives. As the pilgrims travel the *Camino*, they occasionally meet and talk with other pilgrims. Tom starts out the journey being cold to his fellow pilgrims, but over time he eventually opens up to them.

Watch the movie on YouTube and discuss at Bucky Chat [https://www.youtube.com/watch?v=j10Mp5C\\_zzY&feature=youtu.be](https://www.youtube.com/watch?v=j10Mp5C_zzY&feature=youtu.be) or press the button below to watch.

Date: **8 December Tuesday**

Time: **4pm to 5pm**

Zoom ID: **926 0136 2986**

Passcode: **528 533**

Facilitator: **Quek Joo Hock**

## Happy Hour via Zoom

### Year End Reflection

Topic for discussion:

1. Is Christmas necessary?
2. Is there life after death?
3. What is the biggest problem?
4. What is success?
5. What dreams should we have?

Date: **17 December Thursday**

Time: **2.30pm to 4.20pm**

Facilitator: **Gea Ban Peng**

Free registration with Mr Gea via whatsapp @96745780

***Mr Roland Wee, the invited speaker to  
Second Career Planning Course***



Mr Roland Wee, chairman and co-founder of RWDC Industries Limited, gave a talk to our class on 11 November on how he started an extremely challenging but rewarding enterprise at the age of 71 with Dr Daniel Carraway. It was a tough journey to prepare a robust business plan and to raise capital to fund the R&D and the production of a totally biodegradable material, PHA, an ideal material that can replace petroleum-based plastic straws, coated paper cups, bags, films, food packaging, utensils, etc.

RWDC, a Singapore set-up, participated in the 2018 Liveability Competition organised by Temasek Foundation and won the top prize of \$980,000 to produce biodegradable straws. In May 2020 it raised additional funding of USD133 million for building their plant in Athens, Georgia, USA. Currently RWDC employs more than 130 engineers, scientists, plant operators and staff in their US and Asian operations.

Now at the age of 76, Roland and his team will continue to expand the full potential of this business, which in turn will help to protect our planet earth from the cruel onslaught of petroleum plastics. In his words 'for many years, we've been headed toward an existential threat to our individual health and our planet due to pervasive and mounting plastic pollution. It must be addressed immediately and with a solution at industrial scale.' More information in [www.rwdc-industries.com](http://www.rwdc-industries.com).

"Second Career Planning is the new signature course that helps participants design a fulfilling life & a successful job role. It was a rare privilege to listen to a resilient role-model entrepreneur & innovative environmentalist Roland Wee share his journey of small beginnings, cost-conscious hard work, & reliance on providence to use engineering & bio-chemistry to serve the universe. The requirements of starting something on your own was made more real by Roland's visit." – Adrian Teo, SACE President and trainer of *Second Career Planning*

**GRATITUDE** unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings Peace for today and creates a vision for tomorrow – Melody Beattie

***SACE Learning Corner***



***Free Style Small Floral Arrangement***

'To prepare for the festive season, learn small floral arrangements to brighten up the forgotten corners at home. They are small enough to carry around to give as gifts and token. At the end of each class, bring home 2 compositions, one for yourself one for your friend' – Irene Wee, the facilitator.

Date: **7 Dec and 14 Dec Monday**

Time: **2pm to 5.30pm**

Venue: **Peninsula Plaza**

Registration: <https://www.sace.org.sg/course/freestyle-floral-arrangement-4/>



***Money Wisdom and Seniors***

What we need and what we want keep changing as we enter different stages in life. Hence it is important to review our financial status regularly - whether our allocation of funds is still relevant to our existing lifestyle, and to get update on the changes in CPF rulings, the complexities on types of insurance, investment instruments etc. We also take a holistic look at legacy issue that may have an impact on relationship with our love ones. There is no one size fits all solution, as our situation differs. Adopt an open mind and ponder on what are the possibilities open to us where money is concerned. This course will be conducted by 2 trainers, both with professional background in their own field.

Date: **Every Wednesday starting 6 January 2021 over 4 Weekly sessions**

Time: **9.30 am to 1pm**

For details and registration:

<https://www.sace.org.sg/course/money-wisdom-and-seniors-2/>

***The Board and Management of SACE & U3A wish all  
our members Peace, Joy and Love***

