

**Vision:** All Third Agers living meaningful and happy lives

**Mission:** Provide learning and enrichment activities and programs for third agers.

**Learning Communities:** A place where members gather to connect and to learn together

Issue 71

WHERE TEACHERS ALSO LEARN & LEARNERS ALSO TEACH

Feb 2021

## Ramble

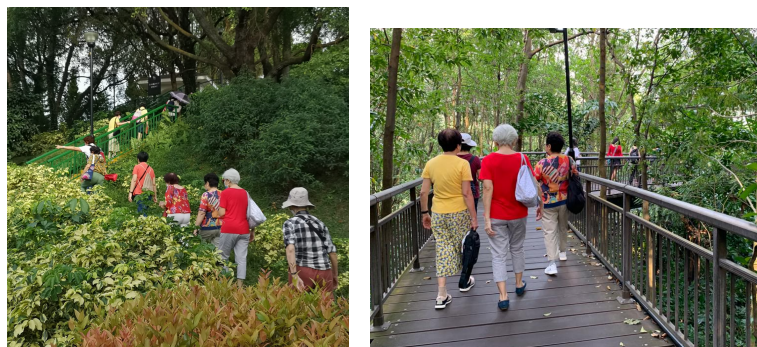
### Green Corridor Walk



Singapore's Green Corridor (aka the Rail Corridor) used to be part of Malaysia's KTM railway line connecting Singapore and Malaysia. Even though the railway has ceased operations since 2011, parts of the 24-km route have been converted into a nature trail. The trail goes from Kranji to Bukit Panjang, Bukit Timah, Holland, Tanglin and finally ending at Alexandra. Come and join us in exploring the Corridor known for its 'lush natural landscapes and elements of rich heritage' – journey starts from King Albert MRT station.

Date: **21 March Sunday**  
 Time: **4 pm**  
 Meet at: **Kent Ridge MRT**  
 Facilitator: **Julie Lim**

### Walking in Kent Ridge Park on 21 Feb



*"I am the master of my fate,  
 I am the captain of my soul."  
 -Nelson Mandela*

..... as discussed in last month's Bucky Chat

## Bucky Chat

### Movie on Netflix: PK



PK is a comedy of ideas about a stranger / alien in the city who asks questions no one has asked before. They are innocent, child-like questions, but they bring about catastrophic answers. People who are set in their ways for generations are forced to reappraise their world when they see it from PK's innocent eyes. PK's childlike curiosity transforms into a spiritual odyssey for him and others. This is a Hindi movie that explores the complex philosophies, a simple and humane tale of love, laughter and letting-go, a moving saga about friendship between strangers from worlds apart.

Watch the movie on Netflix and discuss at Bucky Chat

Date: **16 March Tuesday**  
 Time: **4pm to 5pm**  
 Zoom ID: **984 0230 3356**  
 Passcode: **227820**  
 Facilitator: **Quek Joo Hock**

Mark your calendar for this event



**Silver** NATIONAL  
**ACADEMY** Virtual  
 Roadshow  
 learning continues @ 50+  
 15 - 21 March 2021  
 Join us online at  
[www.c3a.org.sg/nsavirtualrs](http://www.c3a.org.sg/nsavirtualrs)

# SACE Learning Corner

For registration of courses, go to <https://www.sace.org.sg/course-schedule/>

**NEW**

## Monetise your passion 101 - how to make a living doing what you enjoy

### Course description:

Beginners' course to transition from being an employee to becoming self employed.

- To be inspired by the freedom, the opportunities, the rewards and the joy of creating, building and owning their own business;
- To overcome their fears of leaving the safety of earning a fixed salary;
- To gain self-confidence while discovering ways to convert their knowledge, their experience, their skills, and their social network into a revenue stream;

*Schedule:* Monday, 9.30am – 1pm, 5<sup>th</sup> April and 12<sup>th</sup> April

Stay tuned for Monetise Your Passion 102

### Trainer:

**Gea Ban Peng** runs his own management consultancy business with more than 35 years of experience servicing MNC SME clients from various parts of the region, including provision of training and coaching services for Toastmasters International in the SE Asian region.

## Money Wisdom for Seniors

### Course coverage:

- Manage your cashflow/assets with an understanding of your changing needs that suits your lifestyle;
- To protect, maintain and enhance your assets:
  - Understand the complexities of insurance and CPF
  - Understand the risk and return of investing in various types of financial instruments and properties.
- Why we fall for scam and what to look out.
- Legacy issue / distribution of assets: what matters in the family relationship.

There is no one size fits all solution on how we manage our assets, as our situation differs. Trainers adopt a light hearted and easy to digest approach in the delivery .

*Schedule:* Wed, 9.30 am - 1.00 pm, 31/3, 7/4, 14/4, 21/4

### Trainers:

**Elaine Tan**, speaker for same subject at various national libraries in 2019, she was Chief Financial Officer of a listed company before she retired.

**James Tan**, a certified financial trainer, currently a senior financial consultant with PIAS.

## Emotional and Psychological Realities of Ageing

### Course description:

To enable seniors to face the realities of ageing with understanding, resourcefulness and self-renewal. Further the understanding of seniors on four critical emotional and psychological issues that they faced as they aged, namely:

- Alone Again.
- Renaissance. (Seniors Revalued)
- The Beauty Within.
- Relationships Rediscovered.

*Schedule:* Thursday, 9.30 am – 1pm; 1/4, 8/4, 15/4,

### Trainer:

**Adrian Teo**, SACE president, has over 30 years of experience in running his own training consultancy firm, and several years of experience in management consultancy. Adrian has professional certifications in leadership, adventure learning facilitation (STADA); cross-cultural dimensions, coaching (ATD), counseling, and competency training and assessments (ACTA). He also conducts marital and pre-marital counseling.

## Starting A Small Business

### Course coverage:

Designed primarily for entrepreneurs who wish to start and operate a small business, this course will provide course participants with the practical aspects in start-up and operations, focusing on practical understanding and sharing of experiences in various industries. Be your own boss sessions cover: business planning, financial considerations, legal compliance, business premises, operations management, business relationships, marketing & promotions, review and improvement.

### Part 1:

*Schedule:* Thursdays, 4 days, 2:30 pm -6:00 pm, 1/4, 8/4, 15/4, 22/4

### Part 2:

*Schedule:* Thursdays, 4 days, 2:30 pm -6:00 pm, 29/4, 6/5,20/5, 27/5

### Trainer

**David J Tan**, a retired businessman who is now advising and coaching many businesses in Asia. He was previously the MD of Crocodile International Pte. Ltd.