

Newsletter

Vision: All Third Agers living meaningful and happy lives

Mission: Provide learning and enrichment activities and programs for third agers.

Learning Communities: A place where members gather to connect and to learn together

Issue 78

WHERE TEACHERS ALSO LEARN & LEARNERS ALSO TEACH

November 2021

Ramble

Learning Forest @Botanic Garden



- The Learning Forest is located in the new Tyersall-Gallop Core of the Singapore Botanic Gardens. It is designed to integrate with the existing 6-hectare Rain Forest to form an enlarged forest habitat.
- The Learning Forest features a network of boardwalks and elevated walkways that allow visitors to explore habitats ranging from a freshwater forest wetland to a lowland rainforest. Visitors can learn about freshwater forest wetland ecosystems at the **Keppel Discovery Wetlands** and walk amongst a collection of some of the tallest tree species in Southeast Asia at the **SPH Walk of Giants.**
- Other highlights of the Learning Forest include themed collections showcasing trees with interesting forms and bark, a bambusetum, and an arboretum of wild fruit trees.

Source: Nparks.gov.sg

For SACE members only Date: 21 Nov Sunday Time: 4 pm Meet at: Tanglin Gate (Adjacent to Gleneagles Hospital) Facilitator: Julie Lim

Prevailing social-distancing rules apply. Those who are interested to join our Friends of Ramble, please register with our Secretariat.

Ramble walk to Yunnan Gardens @NTU on 24th Oct





Bucky Chat

Why TRUST is so important and how we can get more of it?

Search

▶ YouTube 🛯



Trust is a crucial, yet often under-valued and underappreciated force. In this talk Dan Ariely, professor of Psychology and Behavioural Economics at Duke University, describes the importance of trust, some of the building blocks of trust and how we can design mechanisms and society in a way that will give us more trust.

Watch the above on Youtube, with link shown below and discuss at Bucky Chat in Zoom. <u>https://youtu.be/WHyApqVjddQ</u>

16 Nov Tuesday
4pm to 5pm
976 4322 1358
123123
Quek Joo Hock

NOTICE

Following the extension of Stabilising Phase to 21 November, SACE will follow the C3A guidelines (a) To postpone all face-toface classes till after 21 November, (b) To pivot NSA classes online as much as possible.

Our office will continue to be closed up till 21 November. For all enquiries, please email us at secretariat@sace.org.sg

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Don't miss the chance to catch the above webinar from our trainer To Chee Kan. This will be the last of the MGs Wanted webinar series for this year. Like to learn more about creating your own Video Stories? There is a new course coming up on 7 January 2022, with 28 hours over 8 sessions.



From Zero to SEO Hero – how to think like a search engine spider, completed just before the October Stabilising Phase kicked in. Our volunteers have henceforth been hard at work to pivot all face-to-face classes to online learning. We hope to see more learners could take this opportunity to adapt and to adopt a new way of learning.

While some may feel uncomfortable with online learning, yet some came back to say online learning is both convenient and efficient in terms of logistics. Some trainers feel that they could pay closer attention to each participant where need be, learners can see the shared documents more clearly and that comes with the convenience of taking screen shots from the shared documents on screen. Go for it!

SACE Membership Subsidies (SMS)

Live . Love . Learn

As the year will soon draw to a close, why not clear up and redeem any balance in your SMS by signing up for courses. Most of our courses are heavily subsidised by NSA for all seniors and claimable from your Skillsfuture Credit. To encourage our members to continue with their life-long learning, we will continue to refresh your subsidies from beginning of next year as long as your membership has not expired. There is much to be gained from being a SACE member. For more information on the benefits and types of membership, please drop us an email.

Upcoming Courses In November Available for registration

Date (Nov) commencing	Title
1 st (Mon)	Choir Singing Level 2 (8 sessions) via Zoom
3 rd (Wed)	Money Wisdom and Seniors (4 sessions) via Zoom
9 th (Tue)	My Beautiful Colours (4 sessions) via Zoom
17 th (Thu)	Using WhatsApp via Zoom (1 session)
22 nd (Mon)	Breaking Fall not Bones (7 sessions)
22 nd (Mon)	Conscious Dance Movement – Medicine in Motion (5 sessions)
22 nd (Mon)	Cloud Storage & Sharing (Google Drive) (1 session)
22 nd (Mon)	E-Travel (1 session) <i>New</i>
23 rd (Tue)	Shop & Pay Online (1 session) <i>New</i>
23 rd (Tue)	Memory Techniques for Seniors (2 sessions) via Zoom
24 th (Wed)	Food for Healthy Aging (6 sessions)
25 th (Thu)	Relationships Enrichment Process (4 sessions) via Zoom
26 th (Fri)	Photo Stories (4 sessions)
26 th (Fri)	E-Entertainment (1 session) <i>New</i>
29 th (Tue)	C3A Mental Well-being Curriculum – Riding the Waves of Change Smiling (full day) <i>New</i>
30 th (Tue)	Mobile E-Payment (1 session) <i>New</i>



STAY SAFE. STAY WELL