

Ramble

To walk in nature is to witness a thousand miracles - *Mary Davis*

March Ramble: Sentosa Beach



Fort Siloso Skywalk



Palawan Island

Highlights of the walk

- Siloso Skywalk from Beach Station
- Fort Siloso (closed at 5.30pm)
- Palawan Island: cross the suspension bridge, climb the viewing tower for a panoramic view from the island, or simply laze around in the island. This is the southernmost point of Continental Asia.
- Short walk along the Palawan beach front towards Beach Station amidst the setting sun for our return journey.

Date: **17 Mar Friday**

Time: **4.30 pm**

Meet at: **Sentosa Express ticketing office, 3rd floor Vivo City**

Facilitator: **Elaine Tan**

All SACE members are welcome to join, for new joiner please email secretariat@sace.org.sg with your mobile number and state whether you are a member.

Labrador Park on 19 Feb



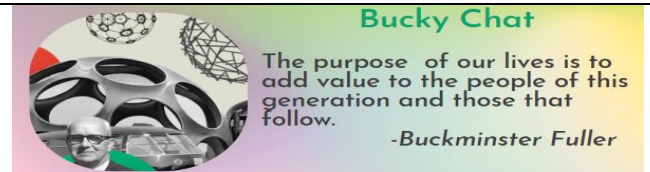
"The rain, for a change, is nice although it 'spoiled' the opportunity to explore more" *KJ Foo*. We could cover the Jetty (240m long) and the Cutting Brick Wall in our future walk.

Awaiting the opening of the Bukit Chermin Boardwalk towards Reflection at Keppel Bay

THE MOMENT MY LEGS BEGIN TO MOVE,

my thoughts start to flow

-HENRY DAVID THOREAU

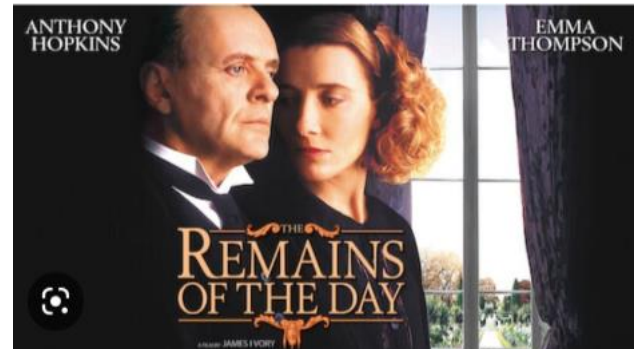


Bucky Chat

The purpose of our lives is to add value to the people of this generation and those that follow.

-Buckminster Fuller

March Bucky Chat: The Remains of the Day (1993)



Adapted from the Booker Prize-winning novel by British author Kazuo Ishiguro, this movie is about a butler's steely devotion to his master and the high-spirited young woman who threatens to crack his reserve, only to realize too late how misguided his loyalty has been. This movie, 2hrs 7 minutes long, is available on Netflix

We will meet in zoom to discuss. All are welcome to join!

Date: **24 Mar Friday**

Time: **4pm to 5pm**

Zoom ID: **870 1838 1454**

Passcode: **123123**

Facilitator: **Quek Joo Hock**

UPCOMING EVENTS

May 2023

AGM

Annual General Meeting

&

SYMPOSIUM

Stay tuned for more details

For registration of courses, go to <https://www.sace.org.sg/course-schedule/>

Our Corporate Clients



Our trainer Za Elizabeth customized and choreographed a dance routine for Super Bean for their Dinner & Dance in March, K-pop style.



A 7 hours session on Brain Gym conducted by our trainer Shamimah Mutajab for our corporate client Tan Tock Seng Hospital.

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Giving should be entered into in just the same way as investing. Giving is investing.

JOHN D ROCKEFELLER

Time for Team Building and Travel

Team Bonding @ exotic Kuching Sarawak 2023



A delegation of 31 will be heading to Kuching for a 5D4N team bonding trip organised by SACE for the period 19 to 23 April 2023. This event is supported by Business Events Sarawak. The itinerary is an activity-based package for team building, learning journey and immersing themselves in the culture of Sarawak.

Supported by:



Organised for SACE members and friends for the period 10th to 18th April. Another activity-based tour involving some walking and hill climbing, all at a leisurely pace. All set to go!

Dance Workout for Wellness



While we do the workout, we also learn dance routines such as the various Ballroom dances, and all other popular ones such as Jive, Rock & Roll, Salsa etc. The course objectives are: to improve on motor skills, posture, body co-ordination, and most of all to flow with the musical rhythm for the full enjoyment of dance movements while we workout. The trainer is Kelvin Toh. This course is popular and it attracts a community of dance lovers seeking out dancing events.