

Newsletter

Vision: All Third Agers living meaningful and happy lives

Mission: Provide learning and enrichment activities and programs for third agers.

Learning Communities: A place where members gather to connect and to learn together.

Issue 102

WHERE TEACHERS ALSO LEARN & LEARNERS ALSO TEACH

Nov 2023

Ramble To walk in nature is to witness a thousand miracles - Mary Davis

Nov Ramble: Woodlands Waterfront Park



Officially opened in Jan 2011, Woodlands Waterfront is a coastal park with its 400-metre refurbished jetty as its main highlight. It also offers a 1.5km waterfront promenade and views of the Causeway and the Straits of Johor. Walking distance for this walk: 4.5km.

Date: **17**th **Nov Friday**

Time: 4.20 pm, to leave at 4.30pm

Meet at: Woodlands North MRT (TEI) Exit 1

Facilitators: Edward Khoo.

For new joiners please email secretariat@sace.org.sg. State your mobile number and whether you are a SACE member and we will include you in the group chat.

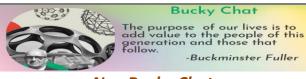
Oct Ramble: Singapore River Evening Walk



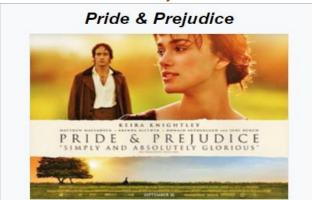








Nov Bucky Chat:



Based on Jane Austen's 1813 novel of the same name, this 2005 film features five sisters from an English family of landed gentry as they deal with the issues of marriage, morality and misconceptions.

Don't miss this opportunity to watch this movie on Netflix, **as it would be leaving Netflix after October**. Some other version of the movie can also be found in YouTube.

Come and discuss in Bucky Chat on zoom.

 Date:
 24 Nov Friday

 Time:
 4pm to 5pm

 Zoom ID:
 950 191 4203

Passcode: **123123**

Facilitator: Quek Joo Hock



Samples of Line and Wash techniques from Drawing on Nature courses. "It is always a joy to teach art" – from trainer Geri Koh.







Watch the top 3 winners perform at SACE Annual Dinner & Dance

What's up in November:

Eldercare Exhibition & Conference Asia

3rd and 4th Nov – find us at Booth No. 10A

Welcome New Members (by invitation)

14th Nov Tuesday 1-5 pm, at Lifelong Learning Institute Auditorium 11 Eunos Rd 8, S059763. Highlights include "Grandfather's Story Time: the Art & Science of Living a Good Life" by Dr Patrick Liew.



Congratulations to the SACE Harmonica Alumni group's maiden public performance at the Harmonica Aficionados Society Singapore (HAS) on 15 Oct.

Upcoming courses in November

Basics of Smart Money Management New

27 Nov Monday, 9 to 1pm @Peninsula Plaza.

Trainer: Elaine Tan

Learn to make sound decisions pertaining to saving,

spending & borrowing money.

Coverage: CPF digital and cashless payment services, government schemes that support retirement and healthcare, planning ahead to meet future financial needs, recognise signs of potential scams.

Microgreen Workshop

8th Nov Wednesday, 9.30 to 1pm @Peninsula Plaza.

Trainer: Dina Sim Cheng Mei

Learn the different methods of growing Microgreens in the comfort of your home. These can be harvested for consumption in just 7 days. Learn the different types of seed germination and its nutritional values. Start your gardening journey here!

Critical Thinking Skills

16th Nov and 23rd Nov, Thursday, 2 to 6pm

Trainer: Gea Ban Peng

To help make better decisions based on information, rational thinking and reflection. To avoid being misled, deceived, and cheated by half-truths, flawed logic and outright lies. To discover different ways to interpret the facts. Learn how to manage contentious / hostile situation.

> Logic makes people think, Emotion makes people act

