

May Ramble: Rifle Range Nature Park / Kampong Chantek / Binjai Park.

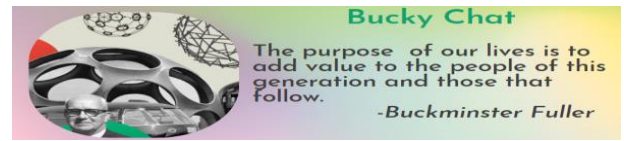


We start our journey from Rifle Range Nature Park and then proceed to Quarry Wetland. Continue our walk towards Gaharu Trail, Jalan Kampong Chantek and Binjai Park. Stop over at IVNS Peranakan Restaurant for dinner. We end our journey at King Albert MRT. Along the way, we can enjoy a good view of the Quarry Wetland from the Coluge Deck and have a sneak peak of some good class bungalows along Binjai Park.

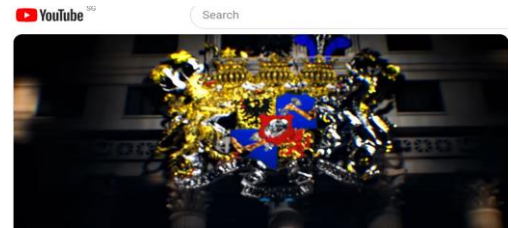
Date: **31 May, Friday**
 Time: **3.20pm. Leave at 3.30pm**
 Meet at: **Beauty World MRT, exit A**
 Facilitator: **Edward Khoo**

For new joiners please email secretariat@sace.org.sg. State your mobile number and whether you are a SACE member and we will include you in the group chat.

April Ramble: Hort Park, cum Museum Visit



May Bucky Chat: Empire of Shadow: true story of the richest family in history



<https://www.youtube.com/watch?v=lbWl40xgw0A>

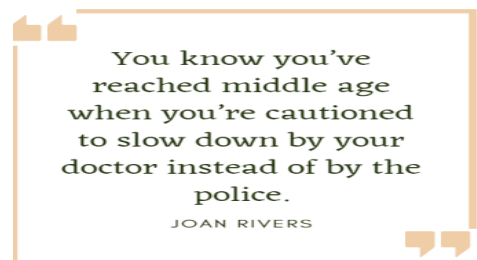
“The video discusses the rise and success of the House of Rothschild, a German-Jewish banking dynasty with roots dating back to the 17th century. The family started by Mayer Rothschild and his sons, quickly grew and expanded their financial empire in Europe and beyond, his third son Nathan Rothschild becoming the wealthiest man in the world at the time. The dynasty had a specialty in forex trading and banking, generating immense profits.” – AI generated summary.

Points to ponder:

What are the social implications.
 How can we relate to the current economic situation that may have an impact us.

This month’s Bucky Chat will take us away from our usual online discussion to a physical meet-up over *high tea*! We will continue to improve so as to widen the number of participants. So do come and join us in our chat after watching the YouTube video. We welcome suggestions on the choice of topics for discussion. Please email secretariat@sace.org.sg if you need to know more. We will reach out to you.

Date: **24th May, Friday**
 Time: **3.30 pm**
 Meet at: **Big Appetite (food court), Funan Mall B2-24**
 Facilitator: **Quek Joo Hock**



EVENTS & ACTIVITIES

Sace Symposium 2024

PATTERNS OF OUR LIFE

Keynote Speaker: Justice Judith Prakash
Senior Judge

Date: 30 May 2024
Time: 1-4 pm
**Venue: National Design Centre,
Level 2 Auditorium, 111 Middle Road, S188969**

Keynote Speaker

Described as ‘key figure in Singapore’s growth as a Global Arbitration Hub’ by Singapore Women’s Hall of Fame, SCWO, Justice Judith Prakash was appointed justice of the Court of Appeal on 1 August 2016, the first woman to be appointed a permanent judge of the Singapore Court of Appeal. She retired on 18 Dec 2023 and returned as Senior Judge on 2 January 2024. It is our great pleasure to have her as our keynote speaker in our Symposium this year. She will speak on ‘Patterns of our life’ .

Each individual life has its unique thumb print, but are there patterns we can be aware of and perhaps prepare and plan for, so we can try to enhance the flavour of our later life by leaving a heritage of strength and wisdom to those whose lives we touch or shape ?

After the keynote speech, participants will get a chance to interact and discuss on the issues during the break-up session.

Registration

Do join us in this Symposium, spaces are limited, please register at:

<https://www.sace.org.sg/event/2024-sace-symposium/>

UPCOMING COURSES

Course Title	Date / Time / (No. of Session)
Learn to Play Basic Acoustic Guitar	2 May – 13 Jun / Thu PM. (6)
Manage Anxiety for Third Age	6 May – 13 May / Mon PM (2)
Digital Photo Editing	6 May / Mon AM (1)
Google Photos	7 May / Tue AM (1)
Navigating around Singapore	14 May / Tue PM (1)
Mindfulness for Wellbeing – recalibrated with 4.5 hours of body rhythm exercises	17 May – 21 Jun / Fri PM (6)
Retirement Job of Joy	20 May – 27 May / Mon PM (2)
Creative Pressed Flower Art NEW!	20 May / Mon AM (1)
Basics of Smart Money Management	3 Jun / Mon AM (1)
Starting a Small Business	3 Jun – 10 Jun / Tue PM (2)
Legal Matters for Seniors	1 Jun – 8 Jun / Sat PM (2)
Using Telegram	4 Jun / Tue PM (1)
Advanced IOS (phone features and settings)	4 Jun / Tue AM (1)
Creative Recycling Ideas NEW!	24 Jun - 1 Jul / Mon PM (2)

Come and join our **NEW!** courses!



Creative Pressed Flower Art Learn to tastefully lay out pressed dried flowers on thick craft paper and wooden picture frames. Suitable for display or as memento gift to a loved one.

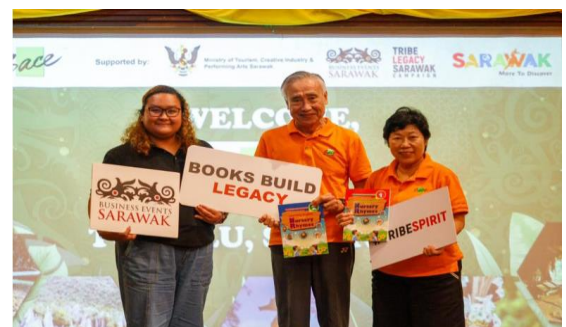
Trainer: Darren Ng



Creative Recycling Ideas Too much waste is bad for the environment and yet many of us continue to generate trash in our daily lives. This course helps us re-use and re-cycle everyday trash into useful and beautiful objects for the home or office.

Trainer: Irene Wee

Our CSR Project



Donating children’s books to the school in the Penan Settlement during our Miri Mulu Trip in March, a Corporate Social Responsibility (CSR) book donation drive undertaken by our SACE travellers.