

Vision: All Third Ager living meaningful and happy lives

Mission: Provide learning and enrichment activities and programs for third agers.

Learning Communities: A place where members gather to connect and to learn together.

Issue 123

WHERE TEACHERS ALSO LEARN & LEARNERS ALSO TEACH

October 2025

October Ramble: Mandai Bird Paradise

Formerly known as Jurong Bird Park, Mandai Bird Paradise is another attraction in Mandai Wildlife Reserve for us to visit in October. It is Asia's largest bird park, home to over 3,500 birds across 400 species. The park features 8 immersive thematic walk-through aviaries for a close-up experience with nature.

Highlights of our visit:

- **Ocean Network Express Penguin Cove:** A cool, climate-controlled habitat where you can watch penguins waddle and paddle underwater.
- **Walk-through Aviary:** Watch a variety of bird species flying freely.
- **Sky Amphitheatre (Central Plaza):** Enjoy free shows at the covered (non-aircon) amphitheatre.
 - PREDATOR ON WINGS: 10.30am and 2.30pm
 - WINGS OF THE WORLD: 12.30pm and 5pm
- **Food Central:** A fully air-conditioned eatery located at the heart of the park.

Meet at: **Springleaf MRT Exit 3**

Date / Time: **29 Oct (Wed), 8.15am.**

Take bus: **Leave at 8.30am (bus 138)**

Facilitator: **Edward Khoo**

(Seniors with SG60 annual pass do not need to pay. Annual pass can be purchased at the gate.)

For new joiners please email secretariat@sace.org.sg. State your mobile number and whether you are a SACE member and we will include you in our group chat for logistic arrangement.

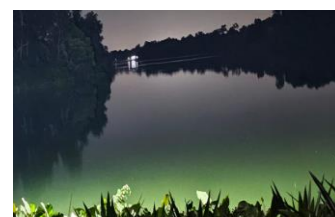
Sept Ramble: Night Safari

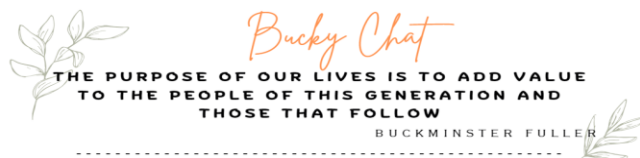


Apply for contest and stand a chance to win attractive prizes. Contest starts at 6pm on 24 Nov and ends at 9pm.

For application of the contest please contact Mr. Gea Ban Peng @9674 5780 via WhatsApp. Contest tickets at \$20 can be purchased at Peninsula Plaza SACE Centre.

Sept Ramble: Night Safari cont'd





Beware of Unearned Treasure - Lessons from 'The Alchemist' by Paulo Coelho

In this episode, we explore 'The Alchemist' by youtube.com

This is a After Skool series available on YouTube.

https://youtu.be/keQZgd-sppk?si=1X_X2x30bI9iFmPC

Duration 15:28 min

In this episode, we explore 'The Alchemist' by Paulo Coelho, which is a book packed with pearls of timeless wisdom. One of the key lessons in the book is, "The reward for our work is not what we get, but who we become." When we take a reward that we did not earn, it can destabilize and ruin our life. But this downfall will ultimately lead to a dissolving of the ego and a humbling process. Carl Jung said, "Be careful of unearned wisdom" which is knowledge that arrives without the inner work, discipline, or maturity needed to hold it. Anything taken must be earned. A reward becomes a punishment if it is not properly earned.

Can we not relate this to what we often gain from AI search?

Date: 24th Oct (Friday)

Time: 3.30 pm – 5.30pm

Meet at: Big Appetite (food court), Funan Mall B2-24

Facilitator: Quek Joo Hock

Interested in these topics? For new joiners please email us at secretariat@sace.org.sg and we will include you in our group chat and for in-person meet up for this monthly discussion.



UPCOMING SESSION RUMMIKUB CONNECT



7th October, Tuesday

11.15am to 12.15pm (1st session Room 102)

12.25pm to 1.15pm (closed for lunch)

1.15pm - 3.15pm (2nd session Room 106)

Venue:

Grace Church

14 Queen St S188536

For SACE Members Only

For new joiners please email secretariat@sace.org.sg. State your mobile number and whether you are a SACE member. We will include you in our group chat for **registration** and logistic arrangement.

Join Us!

TOUR OF HISTORY GALLERY

NATIONAL MUSEUM SINGAPORE, 93 STAMFORD RD.

Conducted by
SUSAN PF WONG
A VOLUNTEER DOCENT

Date: 28th October Tuesday
Time: 11.30am
Meet At: Registration Counter
L1, National Museum Singapore

TOUR HISTORY
Go on a journey spanning 700 years, from late 13th century till post independence. Learn about the transformation of Singapore from a tiny unknown fishing village into a global city of today.

FOR SACE MEMBERS ONLY

Please **register** at secretariat@sace.org.sg. Limited to 15 slots. First-come, first-served basis. Closes when full.

Join us at ELDEX on 7th to 8th Nov, Hall 403 Suntec Singapore Convention & Exhibition Centre. Pre-registration required.



Hurry! Early Bird Tickets are ending soon!



Photo Gallery – Corporate Clients



Learn to Play Harmonica conducted at AAC Compassvale for its residents.



Using AI, conducted for members of Changi Airport Recreation Club.