

## Newsletter s USA

**Vision:** All Third Agers living meaningful and happy lives

**Mission:** Provide learning and enrichment activities and programs for third agers.

**Learning Communities:** A place where members gather to connect and to learn together.

Issue 122

WHERE TEACHERS ALSO LEARN & LEARNERS ALSO TEACH

September 2025

## September Ramble: Night Safari

Night Safari is the world's first nocturnal zoo home to 100 species of animals. It opens at night between 7pm to 12mn. It occupies 35 hectares of rainforest next to the Singapore Zoo and Upper Seletar Reservoir. Visitors can explore six zones either on foot via the walking trails or by tram.

We will meet at Springleaf MRT at 4.30pm and take Bus 138 at 5pm and have our dinner at Night Safari. At 7:00pm, we will enter the Safari, starting with the walking trail, then watch the Animal Show at 8:30pm, followed by a tram ride. After that, we'll take Bus 138 back to Springleaf MRT.

Meet at: Springleaf MRT Exit 3

Date / Time: 18 Sept (Thur), 4.45pm, leave by bus at 5pm

Facilitator: Edward Khoo

Ticket: **\$20** for senior citizen above 60. (*Those with SG60 annual pass no need to pay*)

For new joiners please email <u>secretariat@sace.org.sg</u> State your mobile number and whether you are a SACE member and we will include you in our group chat for logistic arrangement.

## August Ramble: Mandai River Wonders







Above left: Eat well sleep well, c'est la vie Above right: entrance to the cage-free aviary where animals roam freely.



For more information, please contact Mr Gea Ban Peng @9674 5780 via WhatsApp.

#### August Ramble: Mandai River Wonders cont'd









At Mandai Rainforest Resort, staycations are offered at two sites: Colugo Camp (*above left*), and the Banyan Tree Mandai Rainforest Resort (*above right*).

Live . Love . Learn

, go to <u>...., ..., ....</u>





**■ VouTube** S

## Angry at the World? How to Speak Your Truth





This is a Reflections of Life series available on YouTube. <a href="https://www.youtube.com/watch?v=gX3e9pB29Pg">https://www.youtube.com/watch?v=gX3e9pB29Pg</a>
Duration 17:47

Are you doing with your life what you want to do, or what you think you ought to do? Seeing the difference is wisdom. Finding they are the same is blessing.

The speaker, Harry Owen, quoted a verse from Julian Lennon's song Saltwater: 'What would I think of me the day that I die". He added: "And I hope that what I think of me when I die is going to be not that I regret having done things or regret not having done things, but that I think I did my best. And I said what needed to be said in the best way that I could. It is a healthy thing to do what you can, to say what you can.

Date: **19**<sup>th</sup> **Sept (Friday)** Time: **3.30** pm - **5.30**pm

Meet at: Big Appetite (food court), Funan Mall B2-24

Facilitator: Quek Joo Hock

Interested in these topics? For new joiners please email us at <a href="mailto:secretariat@sace.org.sg">secretariat@sace.org.sg</a> and we will include you in our group chat and for in-person meet up for this monthly discussion.

#### **Bucky Chat Meet Up on 22 August**



## **UPCOMING SESSION**

# RUMMIKUB



#### Sept 12 Friday 9.30am - 12.30pm

SACE Training Room #07-05/06 Peninsula Plaza, 111 N Bridge Rd

Register at secretariat@sace.org.sg. Limited slots, first come first served. Closes when full

#### THIS IS FOR SACE MEMBERS ONLY

First Session of Rummikub held on 26 August



### Team-Building at Allspice on 7 August

SACE volunteers came together for a team-building event, connecting through engaging activities.



We formed groups to cook a variety of Peranakan dishes.



Each group took turns to serve the rest of the team.



Tea reception with friends of SACE