

November Ramble: Singapore Zoo

Home to over 4,200 animals, Singapore Zoo is the world's best rainforest zoo, with its unique 'open concept' design, where animals roam in naturalistic open enclosures that mimic their rainforest environment.

Highlights of our visit include:

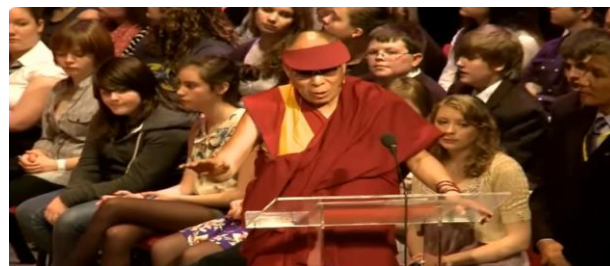
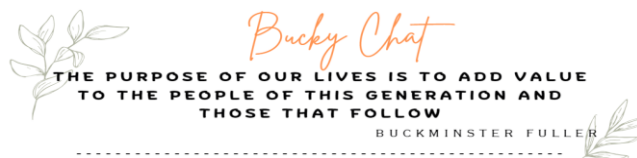
- **Fragile Forest:** a biodome with free-roaming animals
- **Wild Africa:** home to giraffes, elephants, zebras
- **Reptopia:** dedicated reptile house
- **Kidzworld:** animal interaction and wet play area
- **Shows:**
 - Splash Safari @ Shaw Foundation Amphitheatre 10.30am & 5.00pm
 - Into the Wild @ Shaw Foundation Amphitheatre 12.00pm & 2.30pm
- **Food:** Ah Meng Restaurant

With this visit, we would have covered all the attractions in Mandai Wildlife Reserve, namely, Rainforest Wild Asia, River Wonders, Night Safari, Bird Paradise and the forthcoming Singapore Zoo.

Meet at: **Springleaf MRT Station Exit 3**
 Date/Time: **14th Nov (Friday) meet at 8.15am.**
We leave at 8.30am. Take bus 138
 Facilitator: **Edward Khoo**

For new joiners please email secretariat@sace.org.sg. State your mobile number and whether you are a SACE member and we will include you in our group chat for logistic arrangement.

Oct Ramble: Mandai Bird Paradise



'Be the Change' - His Holiness the Dalai Lama at Inverness, Scotland

Available on YouTube, duration 1:41

https://youtu.be/qBHtO2loclI?si=pbau_0KuR6zpLK3p

In this video, Dalai Lama addresses the How, the What and the Why of **be the change**, covering the following areas:

Human intelligence and responsibility
 Inner values must accompany external development
 Interdependence / Oneness of humanity
 Ethics and integrity in a competitive world
 From fear/anger to affection and concern.

Date: **21st Nov (Friday)**

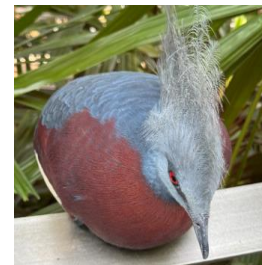
Time: **3.30 pm – 5.30pm**

Meet at: **Big Appetite (food court), Funan Mall B2-24**

Facilitator: **Quek Joo Hock**

Interested in these topics? For new joiners please email us at secretariat@sace.org.sg and we will include you in our group chat and for in-person meet up for this monthly discussion.

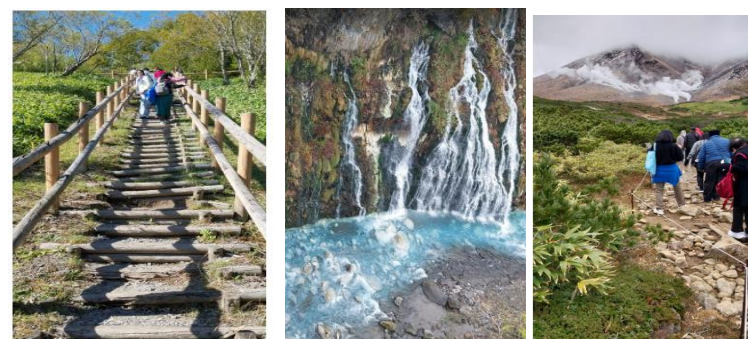
Oct Ramble: Mandai Bird Paradise cont'd





Tour to Hokkaido, Japan

A customized tour for SACE members and friends. 8th to 16th October



Reflections from the Hokkaido Tour Coordinator/Planner – Elaine Tan

The enthusiastic response from participants enabled us to secure early-bird rates and plan the Hokkaido tour well in advance. With 21 participants, including family and friends, we also enjoyed a group discount.

I'm grateful to everyone for being accommodative, cheerful, and supportive throughout the journey. Travelling together through Hokkaido's scenic landscapes brought much fun and camaraderie, a true warmth amid the chilly weather.

Kudos to all who braved the walks, climbs, and mountain treks - no easy feat for many seniors! We were rewarded with delicious local cuisine, freshly picked fruits, and soothing onsen baths where conversations were made.

The tour deepened friendships among SACE members and strengthened family bonds, making it a truly memorable experience.

TOUR OF HISTORY GALLERY

NATIONAL MUSEUM SINGAPORE,
28TH OCTOBER

Conducted by

SUSAN PF WONG

A VOLUNTEER DOCENT



A 700-Year Journey Through Singapore's History

From its 13th-century origins as Temasek, a thriving maritime port, Singapore became Singapura under Sang Nila Utama in the 14th century. The island later came under the influence of the Srivijaya and Majapahit empires, and subsequently the Dutch when it was part of the Johor Sultanate. In 1819, Sir Stamford Raffles of the British East India Company established a trading post, marking the start of British colonial rule.

Following the Japanese Occupation (1942–1945) and a brief merger with Malaysia, Singapore achieved independence in 1965. The exhibition vividly captures this remarkable journey from ancient port to modern global city-state.

The visit offered participants fresh insights into Singapore's rich past, revealing stories not found in school history lessons. Ms Susan brought the tour to life with vivid anecdotes—such as how early residents brought live poultry and pigs along when moving from kampongs to new HDB flats.

Ms Susan, a SACE member, recently received a 10-year Long Service Award for her work as a docent heritage volunteer. We look forward to more of her engaging and enlightening tours in the years ahead.

Upcoming Year End Events

Seniors Got Talent 2025

Venue: **The SingPost Auditorium**

Date: **Monday 24 Nov.**

Registration starts at 6.00pm

Dinner and Dance 2025

Venue: **Grand Ballroom,
One Farrer Hotel**

Date: **Wednesday 10 Dec.**

Early bird program 6.00pm to 7.00pm

Dinner and Dance program 7.00pm to 10.45pm

For ticket information for both events, please contact
Mr. Gea Ban Peng. Whatsapp 9674 5780

UPCOMING SESSIONS IN NOVEMBER

RUMMIKUB CONNECT



11th November, Tuesday
25th November, Tuesday
1.30pm - 3.30pm

Venue:
Grace Church
14 Queen St S188536

Limited seats - priority for SACE members

For new joiners please email secretariat@sace.org.sg. State your mobile number. We will include you in our group chat for **registration** and logistic arrangement.



Two Rummikub sessions were held in October. We aim to hold this board game activity twice a month whenever possible.



ELDEX ASIA 2025
7 - 8 NOVEMBER
SUNTEC SINGAPORE
CONVENTION & EXHIBITION
CENTRE HALL 403



Move Stranger, Live Longer, Love Deeper

JOIN US! WE ARE EXHIBITING AT ELDEX ASIA 2025!



7 - 8 NOV, 2025
SUNTEC HALL 403

VISIT US @
BOOTH NO.
A06

REGISTER NOW!



www.eldexasia.com | email: info@eldexasia.com | WhatsApp: +65 88178152

Learn more about Eldex Asia, at
<https://www.facebook.com/share/v/17mn9bUmGe/?mibextid=wwXlfr>

BY INVITATION ONLY



WELCOME NEW MEMBERS 2025 JOIN US FOR AN ENGAGING DAY!!

Date: Wed, 26 November 2025
Time: 1 pm to 5 pm
Venue: Lifelong Learning Institute, Event Hall 1-1,
 11 Eunos Road 8, S408601



Keep an eye on your mailbox - your invitation is on the way!



MEMBERSHIP PROMOTION

5 to 12 November, in conjunction with ELDEX ASIA 2025.

DEALS

- ✓ Waiver of \$50 Entrance Fee
- ✓ Only pay - \$30 for 1 year
- ✓ Receive a limited edition SACE Tote bag
- ✓ Pay \$100 for 5 years membership
- ✓ Receive a limited edition SACE Tote bag and a gift set of "The Wonders of Nutrition" books worth \$50 by Dr. Ang Poon Liat

PLUS AN INVITATION TO ATTEND A "WELCOME NEW MEMBER" EVENT ON 26 NOVEMBER 2025



JOIN NOW!

<https://www.sace.org.sg/register/membership/>
 or scan the QR code for the application form.